

**Flag Football Sign Up Sheet**

*Each team will be comprised of at least six players—  
For coed teams: number of females must be greater than or equal to the number of males.*

**Coed** (fun)

**Men's** (competitive)

**Women's** (competitive)

Team name: \_\_\_\_\_

Team Captain: \_\_\_\_\_ Signature: \_\_\_\_\_ O Male O Female

Phone number: \_\_\_\_\_ E-mail \_\_\_\_\_

Player: \_\_\_\_\_ Signature: \_\_\_\_\_ O Male O Female

Phone number: \_\_\_\_\_ E-mail \_\_\_\_\_

Player: \_\_\_\_\_ Signature: \_\_\_\_\_ O Male O Female

Phone number: \_\_\_\_\_ E-mail \_\_\_\_\_

Player: \_\_\_\_\_ Signature: \_\_\_\_\_ O Male O Female

Phone number: \_\_\_\_\_ E-mail \_\_\_\_\_

Player: \_\_\_\_\_ Signature: \_\_\_\_\_ O Male O Female

Phone number: \_\_\_\_\_ E-mail \_\_\_\_\_

Player: \_\_\_\_\_ Signature: \_\_\_\_\_ O Male O Female

Phone number: \_\_\_\_\_ E-mail \_\_\_\_\_

Player: \_\_\_\_\_ Signature: \_\_\_\_\_ O Male O Female

Phone number: \_\_\_\_\_ E-mail \_\_\_\_\_

Player: \_\_\_\_\_ Signature: \_\_\_\_\_ O Male O Female

Phone number: \_\_\_\_\_ E-mail \_\_\_\_\_

Player: \_\_\_\_\_ Signature: \_\_\_\_\_ O Male O Female

Phone number: \_\_\_\_\_ E-mail \_\_\_\_\_

\*Free agents can be assigned to fill team vacancies

**Waiver Agreement**

Participation in the Intramural Sports Program is voluntary. By signing this team roster form, I acknowledge that I have read and agree to the following: that there are inherent risks participating in this activity; and that the Silver Lake College, all its employees, agents, and officers are not responsible for injuries incurred while participating in activities, using equipment and facilities, or any activity incidentally thereto; and that each participant should carry his/her own health and accident insurance.